Directions to Muir Woods Nature Hike

From San Francisco, Peninsula, or South Bay to Muir Woods

- Take Highway 101 North across the Golden Gate Bridge.
- Exit Highway 1/Stinson Beach (there will be a sign for Muir Woods at this exit)
- Drive about .5 miles. At the 2nd stoplight, turn left.
- Drive about 2.7 miles. At the top of the hill, turn right towards Muir Woods/Mount Tamalpais.
- Drive about 0.8 miles. At the 4-way intersection, turn left towards Muir Woods (oncoming traffic has the right of way!).
- Continue down the hill about 1.6 miles.

From Berkeley, Oakland, or East Bay to Muir Woods

- Take Interstate 80 East from the Bay Bridge.
- Exit Interstate 580 West for the Richmond/San Rafael Bridge
- Exit Hwy 101 South
- Exit Highway 1/Stinson Beach (there will be a sign for Muir Woods at this exit)
- Drive about .5 miles. At the 2nd stoplight, turn left.
- Drive about 2.7 miles. At the top of the hill, turn right towards Muir Woods/Mount Tamalpais.
- Drive about 0.8 miles. At the 4-way intersection, turn left towards Muir Woods (oncoming traffic has the right of way!).
- Continue down the hill about 1.6 miles.

From San Rafael, Santa Rosa, or North Bay to Muir Woods

- Take Highway 101 South
- Exit Highway 1 / Stinson Beach (there will be a sign for Muir Woods at this exit)
- Drive about .5 miles. At the 2nd stoplight, turn left.
- Drive about 2.7 miles. At the top of the hill, turn right towards Muir Woods / Mount Tamalpais.
- Drive about 0.8 miles. At the 4-way intersection, turn left towards Muir Woods (oncoming traffic has the right of way!)
- Continue down the hill about 1.6 miles.